

Marion County Services for the Developmentally Disabled Newsletter

July-August 2010 Newsletter



We've moved!!!!!!

Administration, Service Coordinators, and Community Integration offices have moved to 12 Northport Plaza!! Programs are still at 3175 Palmyra Road.

Administration/ Service Coordinators:

12 Northport Plaza
Hannibal, MO 63401

Bridges Day Program:

3175 Palmyra Road
Hannibal, MO 63401

Phone: 573-248-1077

Fax: 573-248-2978

Website:

<http://mcsdd.com>

E-mail:

info@mcsdd.com

What's in the Newsletter?

Page 1: News from MCSDD

Page 2-5: Reports and Activities on Programs and Homes & Announcements

Page 6: Calendar of Events

GOOD NEWS – PREVENTION WAIVER IS APPROVED!!

The Division was informed on August 27, 2010 that the Prevention Waiver has been approved. Missouri Department of Mental Health will begin working with Senate Bill 40 Boards to implement by October 1. This project is a great example of Senate Bill 40 Boards and the Division working together to improve the service delivery system to help individuals and families.

The Prevention Waiver is an outgrowth of recommendations presented to the Department of Mental Health in October 2008 by the Missouri Association of County Developmental Disabilities Services (MACDDS). MACDDS presented to DMH a research paper, "2008 Campaign for Excellence", which included recommendations for opportunities to maximize federal Medicaid funding and to partner with DMH to improve access, maximize revenue, expand eligibility, and enhance funding. The Prevention Waiver is the result of coordinated efforts of members of MACDDS and staff of the Division of Developmental Disabilities to translate those ideas into a Medicaid Waiver.

PURPOSE: Expand home and community based service options to persons with developmental disabilities to support persons in the community based on individual needs and to avoid or delay institutionalization.

OBJECTIVES: 1) increase the capacity of the State to meet the needs of individuals so that they might live in integrated community settings; 2) use local resources as the non-federal share of Medicaid matching funds to provide and expand services; 3) offer services in a timely manner in order that eligible participants may benefit from the opportunity to be supported at home, with their families and in the community; 4) expand the role of the County Boards in the administration and funding of Waiver services.

ELIGIBLE CLIENTS:

- ▶ Must be Medicaid eligible
- ▶ Must meet ICF/DD Level of Care
- ▶ Must have a determination that needs can be met for \$12,000 or less in waiver Prevention Services
- ▶ AND must meet one of the following –
 - Crisis
 - Health and safety conditions pose a serious risk to the individual or others of immediate harm or death
 - Loss of primary caregiver support or change in caregiver's status to extent the caregiver can't meet needs of the individual.
 - Abuse, neglect or exploitation of the individual
 - Priority
 - The individual's circumstances or conditions necessitate substantial accommodation that cannot be reasonably provided by the individual's primary caregiver.
 - The person has exhausted both their educational and VR benefits or they are not eligible for VR benefits and they have a need for pre-employment or employment services.
 - Individual has been receiving supports (other than case management) from local funding for 3 months or more and the services are still needed and the service can be covered by the waiver. Refinancing.
 - Person living in a non-Medicaid funded residential care facility who chooses to transition to the community and has been determined to be capable of residing in a less restrictive environment with access to waiver services.

MORE DETAILS WILL BE FORTHCOMING.....

Q's CORNER

By Kris Bridges, Qualified Developmental Disability Professional

I want to dedicate a section of this newsletter to recognizing a new service club that Marion County Services has been helping get started. Earlier this year MCSDD was approached by Hannibal's Evening Kiwanis Club for support in developing an Aktion Club, which is a component of Kiwanis International and something the local chapter's president, Dr. Steven Sankpill, thought would be great for Hannibal. Stephanie Thomaczek, CEO of FACT, an Evening Kiwanis Club member, suggested MCSDD would be a great agency to assist with this project. Aktion Club is a community service organization for individuals 18 years of age or older that have a disability. The club's motto is "a place where development has no disability." Dues are \$5 annually, and the club meets the first Tuesday of each month at 6:00 at MCSDD's Palmyra Road building.

Before the club had even received a charter recognizing it as an "official" group, it had successfully completed its first community service project. In June and July, club members sought donations from businesses and individuals of flower pots, plants, and dirt for its "pick me up plant" project. Club members wanted to provide individuals who were ill, in nursing homes, hospitals, etc., with plants to lift their spirits.

The Aktion Club hit the donation "jackpot" when Bill Albright closed down his seasonal plant stand on Highway 79 for the year. He told club members to show up at 8:00 the next morning, and they could have everything that hadn't sold! The club left that morning with truckloads of flowers and vegetables. What had begun as a small project, escalated into a massive one after Bill's donation. As the result, flats of flowers and vegetables were given away to group homes, ISLs, and nursing homes. Many flowers were replanted into pots and given to the elderly, individuals with illnesses, neighbors, and even to the Hannibal Police Department to thank them for the work they do in the community.

On August 23, a banquet was hosted by Evening Kiwanis at the Quality Inn, at which time Aktion Club was presented its Charter by Adrienne Abright, liaison to the Kiwanis and Aktion Clubs. Accepting on behalf of the group were officers: Lucy W., President; Laura F., Vice President; Connie L., Treasurer; and Angie B., Secretary.

In early September Aktion Club members held a bake sale fundraiser that was a huge success and provided the club with some much needed start up money. The Aktion Club's next meeting is Tuesday, Oct. 5, at 6:00 p.m. at the MCSDD building on Palmyra Road. Everyone is invited to come and get in on the "aktion!"



Mike D. and Connie L. enjoy putting together the "pick me up plants"



A group of Aktion Club members and volunteers are pictured potting plants during their July meeting.



Aktion Club President Lucy W. wraps a ribbon around a flower pot to be distributed to someone ill or in a nursing home during the club's first community service project, as Jeff L. looks on.

BRIDGES NEWS-Cindy Cates

This summer was a busy one for the Bridges Day Program, especially for its outings groups! Several times heat warnings slowed us down, but never for too long!

Community outings are an important part of the day program. We aspire to assist consumers in visiting places they would like to go, exploring new places, and meeting new people while out and about in the community. "I get out more, see new people, and meet new friends," said a consumer when asked what he likes about his Bridges outings. Consumer input is essential in determining outings locations. One consumer lists Wal-Mart, Dollar Tree, and Dollar General among his favorite places to go. "I like to purchase stuff when I have money to do it," he said. But, even if it is not payday, he said staff teaches him how to comparison shop so he is able to locate where an item he wants to purchase is "most reasonable."

In addition to visiting businesses, outings groups go to a variety of places around the area. Local parks and the riverfront are favorite places to go on nice days while the library and armory are popular any time of the year. Other favorite outing sites include: an Alpaca Ranch (the animals will eat out of the hands of anyone brave enough to hold food for them); Mark Twain Museum annex (which has a lot of interactive exhibits the consumers enjoy), Sawyer's Creek (where many people enjoy feeding the fish and having an ice cream cone), Saverton Dam, downtown stores, and Dairy Queen, Sonic, Hardees, or any number of places for an afternoon snack or drink.

Several times a year, groups also go on special day trips. One place visited a couple times this summer was the Illinois Veterans

Home in Quincy, where consumers enjoyed picnicking, watching and feeding the animals, and looking over a variety of military equipment on display on the grounds. Another popular outing spot this summer has been Hunnewell Lake, where consumers have gone on two day long fishing trips, which they really enjoyed! The fishing trips were made possible with the help of Mark Wray's parents, Bill and Betty Bockting. Bill and Betty provided fishing poles, bait, tackle, and labor as they came to both fishing trips and helped all day.

In August, the Community Integration and ISL offices relocated from the Palmyra Road building to North Port Plaza, freeing up space for more classrooms for day program consumers. Bridges now has ample room for classes such as exercise, crafts, cooking, sensory, American Sign Language, math, money, spelling/writing, nutrition, Consumer Rights and Safety. Consumers plan what they would like to do in their classes and have had many positive things to say about the new classrooms and the classes being offered.



Kathy assists Paula with her fishing pole during the fishing outing.



Betty Bockting, parent volunteer, and her son Mark pose for a picture during a day of fishing at Hunnewell Lake.



Steve shows off one of the day's catches.

COMMUNITY INTEGRATION-Kathy Butler

The Community Integration department is going full force into the fall season. Several events over the past few months have kept everyone busy. In July, the Community Integration consumers attended a Cavemen baseball game. Over 20 consumers and staff were able to enjoy the game sitting in a suite that was graciously donated by the Hannibal Medical Group.

On July 26th we celebrated the 20-year anniversary of the signing of the Americans With Disabilities Act (ADA). Consumers enjoyed cake, ice cream, and karaoke. The MCSDD Consumer Council presented an award to Marion County Services QDDP Kris Bridges for her work in promoting ADA in the community and for all she does to advocate for consumers.



Kris Bridges, QDDP, is presented with an advocacy award by consumer council members Roger, Amanda, and Dedire. Also pictured are Kathy Butler, CI Liaison, and Connie(seated).



Tod and Laura, husband and wife, sing a duet on the karaoke machine during the ADA celebration.

On July 27th Eric Holmes of Hannibal Regional Office, held an informational meeting for starting a People's First group in the Hannibal area. Several consumers and interested individuals came and listened to information about this group. The next meeting will be September 30th at 6:00pm at MCSDD's Palmyra Road building. For more information, contact Eric at 573-248-2541.

Camp Yagattawanna "Scare Up Some Fun" 2010 will be held October 8-10 at the Mark Twain Lake. Camp is for adults 21 years old or older. Camp staff is extremely minimal, so all candidates that apply must be able to take care of their own personal hygiene. If you need an application please contact Kathy Butler at 248-1077 ext. 203. The deadline for applications to be received is September 20th. A copy of the candidate's Person Centered Plan must accompany the application.

Consumer Council

Marion County Service's Consumer Council meets the third Tuesday of each month. A group of 10 consumers serves on the council, which is an advisory group to the agency. The consumers also help plan different events for consumers and accept nominations for "Consumer First" awards given to MCSDD staff for going above and beyond the call of duty. If you would like to nominate a staff for this award, please contact Kris Bridges or Kathy Butler at 248-1077.

The Consumer Council met in August and suggested the theme for the 2010 Camp Yagattawanna be Halloween-related. The theme this year is "Yagattawanna Scare Up Some Fun." Camp is October 8-10th at Mark Twain Lake. Also during the August meeting Michael Childs from Learning Opportunities came out and spoke about the services LOI has regarding employment opportunities for consumers. Several members of the consumer council asked questions about different jobs and opportunities. The council would like other organizations to come out and give information during their meetings as they want to attempt to develop partnerships with related agencies. Anyone interested in meeting with the council please contact Kris or Kathy at 248-1077.

Lastly, a big thanks to Consumer Council members who helped with the ADA celebration and the August BBQ set up and clean up!

PARIS AVE. ISL– Nikki Minks

The gentlemen at Paris Avenue have been busy on a wood-working project and been taking part in the Aktion club. One gentleman has been enjoying the farmers' market and yard sales throughout the summer.

WILD ROSE ISL-Katie Childs

Everyone at Wild Rose had a great summer. They went shopping, worked on crafts, and fed the fish at Sawyers Creek. With the weather cooling off they're looking forward to fall and the holidays.

WYACONDA ISL– Missy Hickman

The ladies at Wyaconda have been enjoying the end of summer. They have been going out to eat and shopping. They enjoyed the consumer night out. One of the ladies has went to the consumer council meeting.

SUNBURST ISL– Morgan Whitaker

The gentlemen at Sunburst have been enjoying the rest of the summer and are getting excited for fall.

One resident has been enjoying the park and picking up sticks for the firepit in the backyard. He enjoys his evenings on the back porch watching the fire.

The other resident is very excited about fall. He can't wait for Halloween, he has already started to decorate! He has recently gotten a job, so he has been able to enjoy going and purchasing

decorations.

Both gentlemen are looking forward to Heritage Days in Bowling Green.

Target Case Management-Service Coordination

As of July 1st, Marion County Services for Developmentally Disabled took over the county of Marion for Service Coordination, also known as Targeted Case Management (TCM), we now have approximately 290 consumers that we serve. As you can imagine this has kept us extremely busy with person centered planning, home visits, quarterlies, etc. However, not only have we been busy with all the paperwork, Service Coordinators have enjoyed taking their consumers to lunch and to different places in the community. Shannon Klaska, who was one of the first Service Coordinators to join MCSDD, recently enjoyed a game of putt-putt golf with one of her clients.

We are happy to have Sarah Stolte join our department. She has worked with MCSDD for 4 years as a Program Assistant and has been trained in TCM to become a Service Coordinator Assistant. Welcome to the department, Sarah!

Recently, we had a silent auction within the agency to raise money for staff incentives. We feel promoting teamwork and recognizing outstanding performance is very important. Staff brought in small items (although some of the items were more than generous) from their homes to bid on through a silent auction. Even though there was a little competition, since there were so many nice things, it was all in good fun and we had a blast participating. Plus, we raised money to go towards staff incentives for the future.

Service Coordinators participate in many types of trainings, activities, projects, meetings, and conferences. One of the more major meetings coming up is the TCM Quarterly meeting held in Jefferson City on September 22, 2010. Mahogany Wallis (Service Coordinator Supervisor) and Barb VanAbbema (Service Coordinator II) will be attending this meeting.

The Understanding Autism Conference was held on September 3rd at Quality Inn. Shannon did a great job organizing the event. Dr. Judith Miles came and spoke on many different aspects of Autism such as: causes, symptoms, genetics, and many other interesting factors. There were approximately 70 people in the community that attended. It was a big success! Shannon (Service Coordinator II/Grant Writer) also started a contact list for those who may be interested in joining the Autism Support Group, for more information please feel free to contact Shannon Klaska at 248-1077 ext. 106.

Another successful event for the community was the Community Resource Day held at the Hannibal Nutrition Center on September 8th. Affiliated agencies and organizations worked together to provide information to the public on the different resources that are out there for those who may be in need for a variety of reasons. Mahogany was there to help educate people on service coordination. This event was extremely educational for the people of the community as well as the organizations who participated.

A couple events that will be coming up are the Head Injury Support Group and the Down Syndrome Support Group. The Head Injury Support Group usually meets the 2nd Tuesday of month. Anyone is welcome to come. The Downs Syndrome Support Group is held in Quincy. Times and location varies due to weather. A monthly flyer is in the process of being made. For more information on either of these you are welcome to contact us.

As you can see Service Coordination is busy with many different kinds of endeavors. Things such as completing paperwork, scheduling/attending trainings and meetings, spending time one-on-one with consumers and families, organizing and participating in

community events, and finding resources/information to help our consumers is all in a day's work for the Service Coordination Department.

ANNOUNCEMENTS

Congratulations to Cathy Arrowsmith on her new grandson!

Congratulations to Sheila Allison on her new grandson!

ATHLETE'S DAY

MCSDD's annual Athlete's Day is scheduled for Saturday, Nov. 6, at the armory on Warren Barrett Drive in Hannibal.

In the past the event has typically been held in June, but difficulties in securing an accessible location this year followed by construction at the armory resulted in the later date. Athlete's Day is an opportunity for individuals with developmental disabilities to participate in a fun-filled morning of sporting events.

Pre-registration is required for those wanting to participate and can be done by calling Kris or Kathy at MCSDD at 248-1077. Deadline to register is Oct. 6. Volunteers are also needed, so if you can help please call and let us know.

Opening ceremonies on Athlete's Day will be at 9:30 a.m., but participants must arrive and check in between 8:45 and 9:15 a.m.

Tonya O. receives Special Recognition

Tonya drew a picture that was entered into the Director's Creativity Showcase, that was featured at the Statehouse. Tonya's piece was selected to be taken on a statewide display from May 2010 till December 2010. We would like to congratulate Tonya on this accomplishment. Way to go Tonya!



Tonya pictured with her drawing.

Provider Links and Resources

Provider links and resources is under construction and will be available soon. Thank you for your patience!

September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20 Camp Yagattawanna application deadline	21 Consumer Council- Palmyra Road 3:30 pm Transitions Fair- Hannibal High School 5:00-8:00pm	22 MACDDS- Jefferson City	23 MACDDS- Jefferson City	24 Consumers will be notified if selected for camp	25
26	27	28 People's First Meeting- Palmyra Road 6:00pm	29	30		

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Bowling Begins- Ten Pin Alley 3:30-5:00pm	4	5 Aktion Club- Palmyra Road 6:00pm	6	7	8	9
10 Bowling- Ten Pin Alley 3:30-5:00pm	11	12 Board Meeting- 12 Northport 6:30pm	13 MACDDS Conference- Ozarks	14 MACDDS Conference- Ozarks	15 MACDDS Conference- Ozarks	16
17 Bowling- Ten Pin Alley 3:30-5:00pm	18	19 Consumer Council- Palmyra Road 3:30pm	20	21	22	23
24 Bowling- Ten Pin Alley 3:30-5:00pm	25	26	27	28	29	30
31 Bowling- Ten Pin Alley 3:30-5:00pm						

November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Aktion Club- Palmyra Road 6:00pm	3	4	5	6 Athlete's Day at Armory on Warren Barrett
7 Bowling- Ten Pin Alley 3:30-5:00pm	8	9 Board Meeting- 12 Northport 6:30pm	10	11	12	13
14 Bowling- Ten Pin Alley 3:30-5:00pm	15	16 Consumer Council- Palmyra Road 3:30pm	17	18	19	20

