

Marion County Services for the Developmentally Disabled Newsletter

July-August 2011 Newsletter



"Bridges" Under Construction

The "Bridges" Day Program building just went through some major changes.

As most of our "Marion County" family knows, our Day Program Building had to be closed due to "mold" issues caused by a combination of heat and humidity. On July 25th Wes Neff, Maintenance Engineer, arrived to work only to be greeted by "Mold"

sightings! 😬

We immediately shut down program and expedited a plan of action.



Free Will Baptist Church was gracious to welcome our program to relocate in their basement utilizing their kitchen, restrooms, and activity area. This allowed "Bridges" to only be closed one day and resume operation the following day.



We then began the long process of testing the air, evaluating, developing a resolution, organizing clean up, remodeling, re-testing the air. **Many professionals** assisted!



Finally, after all was completed. We were ready for re-opening. Our "Bridges" Day Program resumed operation at 3175 Palmyra Building on Monday, August 29th.



Due to the extensive damage that was caused, the board of directors decided while shut down the kitchen would receive a new face lift! Consumers and staff returned to "Bridges" with a brand new kitchen!



THANK YOU for your patience and support. To all who assisted in the transition of moving program and moving back – My hats off to you and your support. Much appreciated!



GRANT INFORMATION

Please visit our web site at mcsdd.com & review our grant information. Are you eligible to apply for a grant? Find out, if so, complete the application & submit to:

Marion County Services for the DD
ATTN: Cathy Arrowsmith
#12 Northport Plaza
Hannibal, MO 63401
Phone: 573-248-1077; ext. 104

Administration/ Service Coordinators:

12 Northport Plaza
Hannibal, MO 63401

Bridges Day Program:

3175 Palmyra Road
Hannibal, MO 63401

Phone: 573-248-1077

Fax: 573-248-2978

Website:

<http://mcsdd.com>

E-mail:

info@mcsdd.com

What's in the Newsletter?

Page 1: Note from the
Executive Director

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Activities on Programs
and Homes
& Announcements

Page 4: Calendar of
Events

Page 5: Invitation to the
Dance

BRIDGES NEWS-Cindy Cates

Home sweet home!

After a month of being displaced from our building on Palmyra Road, we are back home again, and staff and consumers are excited!

As far as anyone currently at MCSDD remembers, Bridges has never been closed as long as it was this summer (from July 25 to Aug. 29). Like many others in the area, we found mold growing in ducts in the ceiling this summer due to the high humidity. The mold was a very common, non-dangerous type, but unfortunately it was fast-growing and caused us to need to relocate while it was cleaned and the air tested. Day program was relocated to Free Will Baptist Church, and we will not soon forget the generosity of the church which was letting almost 50 people inhabit their basement five days a week, while attempting to finalize the daycare it had been building at the same time.

However, as the saying goes, when life hands you lemons, make lemonade. We were able to take some supplies from our building before it was closed, and were given supplies from service coordinators, staff, homes, and many others who saw what we were going through. Also, the location was right across the street from the Highway MM Stables, so the consumers enjoyed watching the animals, and they were able to take many nature walks near the pond behind the building.

Now that we are back in our Palmyra Road building again, we are much more appreciative of the amount of space we have here. We also are appreciative of Cathy Arrowsmith, Stacy Mixer, and Wes Neff who spent many hours cleaning up the mold while we were having day program at the church.

Consumers and staff will officially celebrate being back home in our building with a "Fiesta Friday" on Friday, September 30! Finally, on a very happy note, the Bridges building has a brand new kitchen with new cabinets, countertops, sinks, and a stove. The consumers and staff love it!

COMMUNITY INTEGRATION-Kathy Butler

Special Olympics

Bowling

League bowling started on September 18th and will be ending November 6th. The times this year will be from 3-5pm, every Sunday at Ten Pin Bowling in Hannibal. (No physical needed for League Bowling.) The cost will be \$4.50 per week and this includes shoes and two games. If you have any questions, please feel free to contact Kathy Butler at 248-1077 ext. 203.

This year we are fortunate enough to have a coach, so we will be having a Special Olympic Bowling team. If you want to participate in the Special Olympics you must fill out the application for Special Olympics and have a physical done before you can participate in practice. The area Bowling Tournament will be held in Kirksville on November 5th. I will have more information as it becomes available. We hope to see you there!

Basketball

It's time to start getting ready for Special Olympics Basketball. This will begin November 9th from 4:30-6:00pm. This will be held at Marion County Services Bridges Building, 3175 Palmyra Road. If you are a new athlete you must fill out an application and have a physical.

If you are a returning athlete you need to call Kathy (248-1077 ext. 203) and make sure your physical is up-to-date and we have a picture of you on file (this is now required of Special Olympics, before you can participate in practice.)

If you have any questions please call Kathy at 248-1077 ext. 203.

Consumer Council

Consumer Council did not meet in July. They met in August and discussed ideas for future CNO nights which included dances, movie night, and game night. They meet the 3rd Tuesday of every month.

Aktion Club

Aktion Club did not have a meeting in July due to the extreme heat. Aktion Club did participate in the 4th of July parade in Hannibal. Several members came out in their Aktion Club t-shirts and participated in riding in the truck driven by Angie Wallace and supplied by George Sweet.

Aktion Club held a bake sale September 17th from 8am -11am at Kroger's. Thanks to all who donated and participated.

We will hold the anniversary celebration of Hannibal Aktion Club on October 4th at 6pm in the Bridges Day program building.

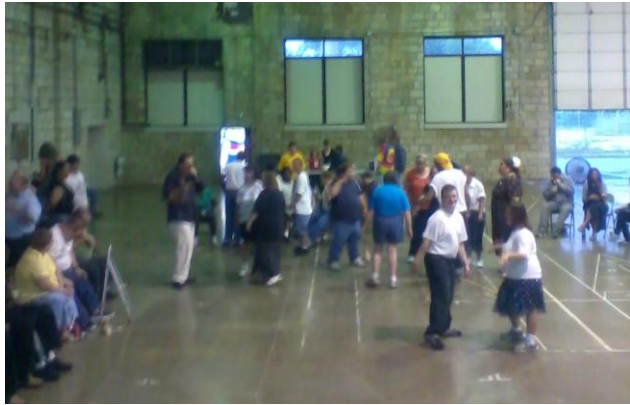
CNO

CNO was held July 26th. 15 consumers came out and listened to Joy Pabst speak regarding life books. They then worked on their own lifebooks.

August 30th was the Sock Hop at the Armory. At least 125 staff and consumers came out for a night of dancing and visiting with friends. Thanks to Katie Childs for getting the music prepared for the evening.



Look at them DANCE!



Enjoying the music!

ISL HOMES

Our residents from our homes have been enjoying the summer and are looking forward to the fall.

PARIS AVE. ISL– Nikki Minks

The gentlemen at Paris have been busy the past couple of months.

One of the men went to Camp Wonderland for a week. He also has enjoyed riding his bike in the nice weather.

Another man has been working in his garden and attending yard sales (which is one of his favorite things to do).

One of the men along with others have enjoyed Music Under the Stars, and walking with staff around the neighborhood.

People First

People First did not meet in the month of July due to the extreme heat.

People First met August 16th at Huckleberry Park. They played games and had water balloon fights. They plan on meeting at the Lutheran Church next month for a business meeting. Several of People First members attended the “Real Voices, Real Choices” conference at Tan Tara.

For more information please call Skippy Coffman at 573-231-9979.

RETENTION COMMITTEE

The Retention Committee is pleased to announce that after much research, time, and effort, a new Donating PTO (personal time off) Hours Policy has been approved by our Board members and was effective July 1st. Simply stated, this policy will allow employees, who have an excessive amount of unused PTO hours, to donate to another employee who has exhausted his/her hours because of a medical emergency. We feel this will help ease some of the financial burden while the employee is unable to attend work during such a situation. We would not wish a medical emergency or hardship of any kind on our employees, however if one should occur we are happy to know that there is a course of action that could be taken to help during the difficult situation. A BIG thank you to all the employees, supervisors, and Board members for all their suggestions and advice to make this policy possible!

During the fall months we plan on focusing on employee appreciation. We will research ways we can show our staff how much they are appreciated and how valued they are to the agency and most importantly to the consumers we serve. In October we will plan to put on a fundraiser bake sale to raise money for staff incentive. Please be watching for more information to come on that.

-Sarah Stolte
Retention Committee Chairman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 18 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	19	20 Consumer Council- Palmyra Road 3:30pm People First- Palmyra Road 6:30pm Autism Support Group- 12 Northport 6:00pm	21	22	23	24
25 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	26	27 CNO- Palmyra Road 6:00- 8:00pm	28	29 Dance- Admiral Coontz Armory 6:00-8:00pm	30	October 1
2 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	3	4 Aktion Club- Palmyra Road 6:00pm	5	6	7	8
9 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	10	11 Board Meeting- 12 Northport 6:30pm Head Injury Support Group- Palmyra Road 6:30pm	12	13	14	15
16 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	17	18 Consumer Council- Palmyra Road 3:30pm People First- Palmyra Road 6:30pm Autism Support Group- 12 Northport 6:00pm	19	20	21	22
23 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	24	25	26	27	28	29
30 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	31	November 1 Aktion Club- Palmyra Road 6:00pm	2	3	4 Aktion Club Anniversary Celebration- Palmyra Road 6:00pm	5
6 Bowling- Ten Pin Bowling Alley 3:00-5:00pm	7	8 Board Meeting- 12 Northport 6:30pm Head Injury Support Group- Palmyra Road 6:30pm	9 Basketball- Palmyra Road 4:30-6:00pm	10	11	12
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Let's go Dancing!!!

Sponsored by Marion County Services for the Developmentally Disabled

Thursday, September 29th
6:00-8:00pm

Admiral Coontz Armory, Hannibal

We will be dancing to all types of music.

Cost to get into the armory?????

At least 1 item per person to send to our troops overseas

We will be collecting items to send to our troops overseas. We ask that everyone bring something. Please remember to buy trial or single serving sizes. Below is a list of ideas.

- Toothbrushes
- Liquid body wash (no pump dispensers please)
- Gum, Lifesavers, Mints (blister pack gum is best because of the intense heat)
- Fruit: single serving size cans
- Nuts, sunflower seeds, peanuts, trail mix, dried fruit
- Power bars, protein bars, nutritional bars
- Beef jerky, beef summer sausage (non-perishable; labeled USDA Beef)
- Single-serving bags of snacks, crackers
- Chicken or Tuna lunch kits (includes foil pouch of tuna, crackers, and condiments in each single-serving kit)
- Canned sardines, smoked oysters
- Hard candy (single-wrapped)
- Cookies
- Instant coffee
- Ground coffee
- Hot cocoa mix
- Crystal Light® (or other brand) "On The Go" flavor packets
- Disposable cameras
- Envelopes
- Batteries (AA are most requested, then AAA)
- Electrical tape
- Sunblock (travel size or stick preferable, SPF 30+)
- Throat lozenges
- Eye Drops (to relieve dry eye, not redness)
- Aspirin, Motrin, Tylenol, Midol, pain relievers (small containers)
- Saline spray/drops for sensitive nasal passages
- Travel size packages of Q-tips
- Eyeglass wipes
- Blistex, Chapstick (in stick-tubes rather than tubs, not tinted)

Joby, one of our Special Olympic coaches is home on leave from Afghanistan. He will be at the dance to see everybody. So come out, bring an item and dance the night away!!!! If you have any questions, please contact, Kathy at 248-1077 ext 203.

A Special THANK YOU to Hannibal Parks and Recreation for allowing us to use the facility.

**Marion County Services for the Developmentally Disabled
12 Northport Plaza
Hannibal, MO 63401**